

# Welcome to Ola Acupuncture, Art & Design

*Please note that all information is confidential*

Name: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Place of birth (city & state): \_\_\_\_\_ Time of birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_ Do you enjoy your work?  Yes  No

Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Health care practitioners currently providing care (Physicians, Naturopaths, Chiropractors, Massage Therapists, etc):

\_\_\_\_\_  
\_\_\_\_\_

Please list any medications/vitamins/supplements you are currently taking: \_\_\_\_\_

\_\_\_\_\_

Reason for today's visit:

Primary reason for your visit today? \_\_\_\_\_

\_\_\_\_\_

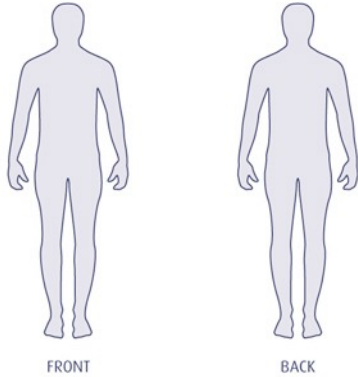
Please list any current health concerns:

1. \_\_\_\_\_ 4. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

Please mark any areas of pain on the diagram:



Notes: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Your medical history:

Hospitalizations, Surgeries, Major Illnesses and Accidents (please include dates): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Lifestyle:

On a scale of 1 to 10, how happy are you with your nutrition? (1 worst/10 best) 1 2 3 4 5 6 7 8 9 10

Favorite foods: \_\_\_\_\_

Do you exercise?  Yes  No

Number of times per week: \_\_\_\_\_

Types of exercise: \_\_\_\_\_

Do you sleep well?  Yes  No

Do you feel rested in the morning?  Yes  No

Favorite ways to spend your time: \_\_\_\_\_

**Please read & sign below:**

I agree to authorize the practitioners of Ola Acupuncture to provide care. I understand that care provided may include a multi-specialty approach - acupuncture, acupressure, moxibustion, cupping, gua sha, heat, exercise, herbal, and dietary therapies.

**Fee schedule:** \$100 acupuncture session (55 min); \$150 comprehensive evaluation & acupuncture session (85 min); \$50 pediatric/teen acupuncture session (45 min)

I understand that there is a 24 hour notice required for all cancelled appointments & that missed visits will be billed in full if 24 hour's notice is not given. Thank you!

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_